50 Ways to Feel Happy

Reading

Read and re-read Page 8.
Make a list of how you plan to be kind to others this week.

Extra - Pass on the ideas to others. Discuss if everyone at home would like to have A Kindness Week. Encourage them to make their own list.

Writing

Write thank you messages or cards to those at home for their kindness.

Extra – add borders or drawings to impress them.
Week 7: Grammar and spelling prompts

Grammar
Write sentences with the following words -
happy
happiness
happily
happier
happiest

Spelling
Practise each word. Choose two and write their definitions. Choose two to write in sentences.

Learn to spell the Grammar words

Handwriting
Copy the grammar words – 5 times each.